

2017 Emerald Bay Race



Tips for Sailors and Campers

The Dinghy Race

The dinghy race on Saturday 14th October 2017 will start at 14.00 pm. near the heads to Hebe Haven (Pak Ma Tsui), sail across to Sharp Island and then down the channel between Sharp Island and Kau Sai Chau. It will finish by the Green Beacon near Yim Tim Tsai at approximately 16.00 pm.

The dinghies will race back to Hebe Haven following the same route on the next day Sunday 15th October 2017, starting at the Green Beacon at 11.00 am.

If you have friends or family that wants to join the dinghy race, they can do so. Dinghies can be hired from HHYC by qualified helms.

Logistics

- Please come to the HHYC Garden Bar at 12.00 mid-day on Saturday 14th October 2017 to register and meet your racing partners.
- At the registration, HHYC will have a list of boats and sailors and introduce you with each other.
- Party tickets will be the wristband, HHYC will hand these to you when you register.
- If you don't have a suitable lifejacket on board, please ask the HHYC Sailing Centre to lend you one.
- The race will start at 14.00 pm on Saturday 14th October 2017, so all dinghies must get to PA Ma Tsui by the time to be ready for the start of the island race.
- When you arrive VRC Emerald Bay, please tie up your dinghies to the buoy at the VRC, the safety boat rib will begin a sampan service to get you and your partners ashore.

Safety First !!

- Boating is generally safe, but there are risks, so please follow the safety instructions while racing and take care of each other.
- If you fall off the boat you can drown, so all non-swimmers and children under 14 must wear lifejackets at all times when on the water.
- If you get hit on the head by the metal sail boom it can knock you out or into the water so please keep your head down out of its way at all times.
- Mobile phones are dangerous on boats as they distract you and you may not notice a dangerous situation or hazard. Therefore please put your phone away in your bag when you are sailing.

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Protective Items

- If you cannot swim you must wear a lifejacket at all times. If you don't have a suitable lifejacket on board, please ask the HHYC Sailing Centre to lend you one in advance.
- All children under 14 must wear a lifejacket, whether they can swim or not. It is your responsibility to ensure that your children wear them at all times.
- There is not much shade on a boat and it's easy to get sunburnt, so please wear a sun hat, preferably with a wide brim and a chin strap to stop it blowing off. Wear plenty of sun cream or a long sleeved shirt & long trousers.
- Put sun cream on your nose, ears, neck, lips and the backs of your hands as these are prime skin cancer sites.
- Sunglasses are a good idea and a safety strap will stop them dropping off into the water.

Clothing & Shoes

- If it rains then you are likely to get wet, so please bring a set of dry clothes with you.
- If you have a rain jacket, please bring it with you. Umbrellas are not safe to use on a boat.
- You will get sweaty out on the boat, so please bring fresh clothes for the evening party.
- Please wear boat shoes, trainers, plimsols or other non-marking shoes on the boat.
- NO Black sole shoes please, as they leave marks that are impossible to scrub out.
- NO bare feet or slippers as it's easy to trip, burn the soles of your feet or injure your toes on a boat.

Other Items

- Bring swimming gear to enjoy a swim at the VRC beach.
- There are hot water showers at the VRC, so please bring a towel and your washing things.
- Please pack your stuff in a back pack or soft bag. There will not be space on the boat for big suitcases.
- Put your money and phones safely in your bag, not in your pocket.
- If you get sea sick, take sea sick pills an hour before you get on the boat. If you take sea sick pills don't drink alcohol. If you feel sea sick look out at the land or at the horizon, don't look down at the floor or go downstairs.
- Bring a water bottle and drink plenty of water as it will be hot out there.

Camping Tips

- Tents will be set up for you at the VRC.
- Put on mosquito repellent (e.g. Off or DEET) when you arrive at the VRC as there will be mosquitos and insects.
- If you see a snake, don't go near it and tell a staff member. Snakes are frightened of humans and usually stay away.
- Please bring a sleeping bag, light duvet or duvet cover to sleep in.

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- You can roll up your towel to make a pillow.
- Bring a torch so you can find your way at night
- If you have a camping mat or yoga mat you will be more comfortable than sleeping on the ground. If not sleep on top of one half of your cover and then fold the other half over the top of you.
- If you have a portable electric fan, you can sleep with it blowing on your face. If you use the slowest speed and have full batteries it should last the whole night.

While at the VRC

- There will be a CASH bar down on the beach with all types of drink available.
- Please do not bring any alcohol to the VRC, they reserve the right to charge you corkage if you open it.
- If you are donating any Lucky Draw prizes, please give these to Ms Suki Lai at the draw table.
- Please do not donate any alcohol as Lucky Draw prizes
- Lucky Draw tickets will be \$20 each or 6 for \$100. Please prepare small notes as change will be limited
- Breakfast, drinks and light meals are available upstairs in the VRC clubhouse
- You can use EPS or Octopus to buy food and drinks in the club house, but they do not accept cash and they cannot add value to your Octopus card.