

# WINTER MENU 2019 冬日餐牌

## Appetisers 頭盤

<b>Malaysian Satay</b> (6 pcs) 馬來西亞沙爹 (6 串) <i>marinated beef or chicken grilled on skewers, served with peanut sauce</i>	Chicken / 雞 \$60 Beef / 牛 \$65
<b>Cambodian Marinated Beef Cubes</b> 柬埔寨香煎牛肉粒  <i>marinated with lemongrass, kaffir leaves, galangal and garlic</i>	\$88
<b>Thai Style Minced Pork Lettuce Wrap</b> 泰式豬肉碎生菜包  <i>sautéed minced pork with spicy lime sauce</i>	\$82
<b>Salt &amp; Pepper Squid</b> 椒鹽鮮魷魚 <i>lightly fried squid seasoned with salt and pepper</i>	\$88
<b>Baked Escargot Vol au Vent</b> 酥皮焗田螺 <i>with herb butter in puff pastry</i>	\$88
<b>Chicken Quesadillas</b> 墨西哥雞肉芝士烤餅 <i>chicken and melted cheese in a lightly grilled tortilla</i>	\$72
<b>Bruschetta</b> (6 pcs) 意式鮮茄多士 (6 件)  <i>toasted bread rubbed with pesto, topped with basil, tomato and olive oil</i>	\$60
<b>Mini Vegetable Samosas</b> (4 pcs) 迷你素菜咖喱角 (4 件)  <i>mixed vegetables with herbs and spices wrapped in crispy pastry</i>	\$60
<b>Nachos</b> 墨西哥芝士粟米脆片 <i>tortilla chips layered with melted cheese, jalapenos, sour cream, guacamole and salsa</i> add refried beans 另加豆蓉 add beef bolognaise 另加肉醬	\$76 Sharing \$125 \$25 \$25
<b>Mediterranean Dip Platter</b> 中東醬伴彼得包 <i>pita bread with tapenade, tzatziki hummus dip, celery and carrots sticks</i>	\$78
<b>Buffalo Chicken Wings</b> (8 pcs) 脆炸香草雞翼 (8 件)  <i>fried chicken wings, with celery and blue cheese dressing</i>	\$78

 Vegetarian

 Mild       Medium       Hot

### Food Allergies

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# Salads 沙律

## Create Your Own Salad 自選沙律 (可選 3 款配料) \$86

Create your own salad comes with mixed leaves, tomatoes, cucumber and your choice of 3 of the following;

Grilled Chicken Breast 扒雞胸      Parma Ham 煙火腿  
Smoked Salmon 煙三文魚      Tuna 吞拿魚  
Bacon 煙肉      Boiled Egg 焗蛋  
Avocado 牛油果      Olives 橄欖  
Edamame 寇豆      Beetroot 紅菜頭

**Additional topping \$18 each**

Goat's Cheese 羊奶芝士 / Blue Cheese 藍芝士 / Haloumi 塞浦路斯乳酪 / Cheddar Cheese 車打芝士

**Additional cheese topping \$22 each**

Choice of dressing: Honey Lemon / Caesar / Italian / Balsamic and Olive Oil

## Thai Beef Salad 泰式牛肉沙律 \$128

*with capsicum, bean sprouts, cherry tomatoes, cilantro, cucumber and spicy lime dressing topped with peanuts*

## Hebe Club Salad 本會特式沙律 \$96

*mesclun salad served with avocado, chicken breast, smoked ham, tomatoes, egg, prosciutto and Gruyere cheese*

## Prawn & Pumpkin Salad 鮮蝦南瓜沙律 \$108

*with apple, honey walnuts and yuzu mayonnaise*

## Greek Salad 希臘沙律 \$86

*with tomatoes, cucumber, onions, bell peppers, olives and feta cheese*

## Caesar Salad 凱撒沙律 Plain \$78

*romaine lettuce, with classic Caesar dressing and croutons*

*Choice of grilled chicken breast, smoked salmon or prawns*

\$98

## Avocado Crab Meat Salad 牛油果蟹肉沙律 \$132

*crab meat tossed with mixed lettuce, avocado, tomatoes and mango salsa*

## Tangy Coconut Chicken Salad 辣椰子雞肉沙律 \$98

*Southeast Asian style salad with chicken, coconut, cucumber, chili, coriander and roast peanuts*

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# Soups 湯

<b>Tom Yum Kung 大蝦冬蔭公湯</b> 	\$70
<i>Thai hot and sour soup with tiger prawn, straw mushrooms, baby corns and coconut milk</i>	
<b>French Onion Soup 法式洋蔥湯</b>	\$65
<i>with baked Gruyere cheese and croutons</i>	
<b>Wild Mushroom Velouté 野菌忌廉湯</b> 	\$65
<b>Chinese Soup of the Day 中式例湯</b>	\$50

## Hebe Favourites 本會精選

<b>Bangers and Mash 英式豬肉腸伴薯蓉</b>	\$82
<i>traditional English pork sausages served with mashed potatoes, baked beans and rich onion gravy</i>	
<b>All Day Breakfast 英式全天候早餐</b>	\$88
<i>two eggs served with tomato, crispy bacon, sausages, hash brown, baked beans and toast</i>	
<b>Fish Pie 英式焗魚批</b>	\$108
<i>traditional British fish pie topped with mashed potato and melted cheese</i>	
<b>Fish and Chips 炸魚薯條</b>	\$103
<i>golden fried fish fillet in either beer-batter or bread crumbs, served with chips, salad and tartar sauce</i>	
<b>Mexican Fajitas 墨西哥鐵板烤肉</b>	\$135
<i>perfectly grilled beef, chicken or pork strips on a sizzling plate, served with cheese, jalapenos, sour cream, guacamole, salsa and tortillas</i>	
<b>go veggie with refried beans, peppers, onion and mushrooms on a sizzling plate,</b> 	\$135
<i>served with cheese, jalapenos, sour cream, guacamole, salsa &amp; tortillas</i>	
<b>Roast Spring Chicken 香烤春雞</b>	\$168
<i>served with potato wedges, vegetables and your choice of piri piri, buffalo sauce or gravy</i>	
<b>Beef Guinness Pie 健力士牛肉批</b>	\$188
<i>beef in rich Guinness gravy, baked in puff pastry and served with green peas</i>	
<b>Slow Cook Lamb Shank 慢火燴羊膝</b>	\$198
<i>With rosemary sauce and fettuccine</i>	

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# Burgers and Sandwiches 漢堡及三文治

All sandwiches are served with French fries and your choice of white or whole-wheat bread.

<b>Fish Burger</b> 香脆魚柳漢堡包	\$103
<i>golden fried in bread crumbs, served with lettuce, tomatoes and tartar sauce</i>	
<b>Gourmet Beef Burger</b> 純牛肉漢堡包	\$92
<i>grilled beef patty smothered with onions, double cheese, pickles, lettuce and tomatoes</i>	
<b>Chicken Burger</b> 扒雞胸漢堡包	\$85
<i>grilled chicken breast topped with sautéed onions, avocado, cheddar cheese, lettuce and tomatoes</i>	
<b>Frankfurter Hot Dog</b> 法蘭克福熱狗	\$65
<i>grilled jumbo frankfurter topped with onions, tomatoes and relish in a hot dog bun</i>	
<b>Steak &amp; Cheese Sandwich</b> 薄牛扒芝士三文治	\$88
<i>grilled minute steak topped with sautéed onions, bell peppers and melted cheese on a crispy baguette</i>	
<b>Hebe Club Sandwich</b> 特色公司三文治	\$85
<i>grilled chicken, gammon ham, eggs, tomatoes, bacon and iceberg lettuce on focaccia bread</i>	
<b>Smoked Salmon Sandwich</b> 煙三文魚三文治	\$98
<i>avocado, feta cheese, onions, capers, tomatoes, mixed leaves and horseradish cream on sourdough</i>	
<b>Vegetarian Hebe Sandwich</b> 素菜三文治 	\$88
<i>avocado, haloumi, cucumber, sundried tomatoes, mixed leaves, hummus and Greek yoghurt on sourdough</i>	
<b>Vegetarian Burger</b> 素菜漢堡 	\$98
<i>black peas, quinoa, sundried tomato, onion, garlic and topped with beetroot and avocado (tell your waiter if you would like this burger without a bun)</i>	

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# Pizza, Pasta and Risotto 薄餅及意式精選

<b>Pepperoni Pizza</b> 意大利辣肉腸薄餅 <i>with pepperoni, capsicum and mozzarella</i>	\$105
<b>Pizza Quattro Formaggi</b> 雜錦芝士薄餅  <i>with mozzarella, gorgonzola, cheddar, goats cheese and tomato sauce</i>	\$102
<b>Spaghetti Bolognese</b> 肉醬意粉 <i>Spaghetti tossed with meat sauce and Parmesan cheese</i>	\$88
<b>Spaghetti Carbonara</b> 煙肉蘑菇意粉 <i>bacon and onion in a creamy cheese sauce</i>	\$88
<b>Spaghetti with Rich Tomato Sauce</b> 香草蕃茄汁意粉 	\$88
<b>Lasagne Bolognese</b> 肉醬千層麵 <i>baked with tender minced beef, tomato and béchamel sauce, topped with melted cheese</i>	\$112
<b>Vegetarian Lasagne</b> 素菜千層麵  <i>pasta sheets layered with red lentils, tomatoes, spinach, ricotta and feta cheese</i>	\$102
<b>Scallop Risotto with Asparagus</b> 露筍帶子意大利飯 <i>with Italian parsley, butter and parmesan cheese</i>	\$158
<b>Spinach and Ricotta Ravioli</b> 南瓜忌廉汁芝士菠菜雲吞  <i>tossed in a pumpkin cream with pine nuts</i>	\$148

## Ocean and Grill 海鮮及燒烤

<b>American Style Spare Ribs</b> 燒美國豬排仔 ( <i>preparation time: 20 mins 需時 20 分鐘</i> ) <i>served with tomatoes, corn on the cob, potato wedges and BBQ sauce</i>	\$198
<b>American Prime Rib Eye (340g)</b> 燒美國肉眼扒	\$308
<b>American Beef Tenderloin (220g)</b> 燒美國牛柳	\$308
<b>Australian Lamb Chop (330g)</b> 燒澳洲羊扒	\$288
<b>Spanish Kurobuta Pork Chop (320g)</b> 西班牙極黑豬鞍扒	\$268
<b>Atlantic Salmon Fillet (200g)</b> 燒三文魚柳	\$218

***If you would prefer your dish without Cajun herbs, please inform your waiter.***

*Grilled to your liking and served with potatoes and vegetables.*

*Choice of Sauce: Red Wine, Black Pepper or Garlic*

### Side Dishes

Stir-fried Vegetables	清炒時菜	\$52	Broccoli Gratin	焗芝士西蘭花	\$52
Creamy Spinach	忌廉菠菜	\$52	Mashed Potato	薯蓉	\$38
Sautéed Mushrooms	香蒜炒蘑菇	\$52	Boiled Quinoa	有機藜麥	\$28

# Asian Favourites 東南亞菜精選

- Sweet and Sour Pork** 菠蘿咕嚕肉 \$83  
*deep-fried pork, onions, bell peppers and pineapple with a sweet and sour sauce*
- Sichuen Spicy Chicken** 四川口水雞(半隻)  \$138  
*with a spicy sauce and cucumber (half chicken)*
- Steamed Chicken with Galangal Powder** 沙姜雞(半隻) \$138  
*with seasonal vegetables (half chicken)*
- Sliced Beef Tender Fillet** 鐵板中式新西蘭牛柳片 \$148  
*New Zealand tenderloin fillet with sweet vinegar sauce on a sizzling plate*
- Braised Eggplant with Minced Pork** 魚香茄子  \$78  
*with salted fish, chili and garlic*
- Sweet & Spicy Tofu** 甜辣豆腐   \$78  
*crispy fried tofu with stir-fried vegetables*

All served with **steamed rice** or **crispy egg noodles** 配 絲苗白飯 或 香脆蛋麵  
For healthy choice with boiled **organic quinoa** for additional \$12 健康之選 可轉 有機藜麥 另加\$12

## Rice and Noodles 飯麵

- Malaysian Laksa** 馬來喇沙  \$88  
*rice vermicelli with king prawn, snapper fillet, squid, mussels, scallops and bean sprouts in spicy coconut soup*
- Nasi Goreng** 印尼炒飯 \$88  
*Indonesian-style fried rice with shrimps served with chicken satay, fried egg and lobster cracker*
- Mee Goreng** 馬來亞炒油麵  \$88  
*Yellow noodles with chicken, shrimps, cabbage and bean sprouts in tomato sauce and chili paste*
- Singapore Noodles** 星洲炒米  \$78  
*stir-fried spicy rice vermicelli with BBQ pork, shrimps, egg, spring onions, bean sprouts and curry paste*
- go veggie with fried tofu, egg, spring onions, bean sprouts & curry paste**   \$78
- Beef Pho Noodle Soup** 越式生牛肉湯粉 \$78  
*Vietnamese classic noodles with sliced beef, bean sprouts, coriander, onions and basil in a clear beef broth*
- Yeung Chow Fried Rice** 楊洲炒飯 \$78  
*traditional fried rice with BBQ pork, shrimps, egg, spring onion and lettuce*
- go veggie with egg, spring onion and lettuce**  \$62
- Wonton Noodle Soup** 雲吞麵 \$65  
*wonton stuffed with shrimp and minced pork*

# Curry Dishes 咖喱精選

<b>Chicken Tikka Masala</b> 印度咖喱雞 	\$108
<i>with yoghurt and cream</i>	
<b>Lamb Malabar</b> 印度咖喱羊肉 	\$128
<i>with tomatoes, potatoes, onions and coconut milk</i>	
<b>Malaysian Beef Brisket Curry</b> 馬來亞咖喱牛腩 	\$138
<i>with potatoes and coconut milk</i>	
<b>Duck Masaman (Thai Style Duck Curry)</b> 馬沙文咖喱鴨 	\$108
<i>with sweet potatoes, peanuts and coconut milk</i>	
<b>Beef Rendang</b> 印尼巴東牛肉 	\$132
<i>Indonesian curry with tender stewed beef</i>	
<b>Aloo Gobi</b> 印度咖喱馬鈴薯椰菜花  	\$82
<i>braised cauliflower and potatoes with Indian spices</i>	
<b>Paneer Palak</b> 燴印度菠菜芝士 	\$85
<i>braised cottage cheese and spinach in Indian spices</i>	
<b>Fish Punjabi</b> 旁遮普咖喱魚塊 	\$142
<i>with ling fish fillet, onions and tomatoes</i>	

All curry dishes are served with a **poppadum** and a choice of **basmati** or **steamed rice**  
配 豆蓉薄脆、另可選擇 香草印度飯 或 絲苗白飯

## Side Orders

Plain Naan 印度薄餅	\$25
Garlic Naan 蒜蓉薄餅	\$25
Basmati Rice 香草印度飯	\$25
Steamed Rice 絲苗白飯	\$12
Boiled Organic Quinoa 有機藜麥	\$28

 Vegetarian



Mild



Medium



Hot

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## Desserts 甜品

<b>Gluten Free Chocolate and Hazelnut Cake</b> 朱古力榛子蛋糕	\$68
<b>Naughty Pudding</b> 暖朱古力布甸 <i>a rich chocolate treat with berries and served with ice-cream of the day or vanilla ice-cream</i>	\$62
<b>Eton Mess</b> 草莓伊頓 <i>whipped cream, meringue and strawberries</i>	\$62
<b>Baked Cheese Tart</b> 流心芝士撻 ( <i>preparation time: 20 mins 需時 20 分鐘</i> ) <i>With vanilla ice cream</i>	\$72
<b>Banoffee Pie</b> 香蕉拖肥批 <i>banana, toffee and fresh whipped cream in a biscuit crust</i>	\$62
<b>Assorted Cheese Platter</b> 雜錦芝士盤 <i>selected cheeses with crackers, apple, grapes and honey</i>	\$112
<b>Haagen Dazs – Mini Cup</b> 哈根達斯杯裝雪糕 <i>(Vanilla / Belgian Chocolate / Cookie &amp; Cream) (雲呢拿 / 比利時朱古力 / 忌廉曲奇)</i>	\$40
<b>Haagen Dazs Ice-cream</b> 哈根達斯雪糕	
<b>One Scoop serve in a bowl / waffle cone</b> 1 球雪糕杯 / 威化筒	\$40
<b>Two Scoops serve in a bowl</b> 2 球雪糕杯	\$58
<i>Choice of your favourite ice-cream: Vanilla / Chocolate / Strawberry / Coffee / Green Tea (雲呢拿 / 朱古力 / 草莓 / 咖啡 / 綠茶)</i>	

## Tea & Coffee 咖啡及茶

Irish Coffee 愛爾蘭咖啡	\$48	Coffee 即磨咖啡	\$22	\$35
Kahlúa Coffee 甘露咖啡	\$48	Café Latte 牛奶咖啡	\$25	\$42
Bailey's Cappuccino 百利甜酒泡沫咖啡	\$48	Cappuccino 泡沫咖啡	\$25	\$42
Hot Chocolate 熱朱古力	\$ 28	Espresso 意式濃縮咖啡	Single \$22	Double \$35
Tea	<i>English Breakfast / Earl Grey / Jasmine / Peppermint</i>			\$24
	<i>英國早餐茶 / 英國伯爵茶 / 茉莉花茶 / 薄荷茶</i>			

**NESPRESSO.**

*Espresso: Ristretto, Forte or Leggero*

*Ristretto: (25 ml) Full-bodied and persistent*

*Forte: (40 ml) Round and balanced*

*Leggero: (110 ml) Light and refreshing*

\$ 26